



PhysioStep MDX

Commercial
Recumbent Elliptical Cross Trainer
with Oversized Swivel Seat

\$2,999

Suggested Retail

The PhysioStep MDX gives you an easy & effective low – impact total body cardio workout and combines a stable & stress free recumbent sitting position, with the smooth and natural feeling of an elliptical. The innovative elliptical stride is incredibly smooth and easy on your joints.



The PhysioStep MDX features a large, oversized comfortable swivel seat that adjusts easily and rotates 90 degrees making this unit the most accessible for people with low mobility. Other features include a low profile walk – through design and ergo – grip handles to work your arm and core muscles. The fully adjustable arms, seat, and seat back accommodate a wide range of users.

Unlike the PhysioStep RXT, the PhysioStep MDX uses AC Power to assist de-conditioned users and will automatically shut off after 15 minutes of inactivity. The oversized large LCD display provides all your workout information in a clear and easy to read format. The PhysioStep MDX is designed to benefit a wide range of users from the physically fit to the physically challenged. Built with high quality commercial components and available at an affordable price.



Comparison Chart



Watch Video



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Show Features



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TECHNICAL DETAILS

- Swivel Seat: Seat swivels and rotates 90 degrees for easy access
- Resistance System: Commercial Computer – Controlled ECB
- True Recumbent Elliptical Stride : Yes
- Power: AC Power – 110V
- Resistance Levels: 16
- True Recumbent Elliptical Stride : Yes
- Arm System: Multi-Position Ergo Grip Handles, Synchronized Motion with the legs
- Seat Rail: Extruded Aluminum with indexed adjustments – 15 positions
- Pedals: Oversized Pedal platforms with sure – grip diamond plate texture & foot straps
- Commercial Grade Quality
- Compact Dimensions: 48 inches L x 32 inches W x 44 inches H
- Unit Weight: 209 lbs
- Maximum User Weight: 350 lbs

COMPUTER

- Display: High Resolution Backlit Blue LCD Display with 8 Data Windows Plus a Brickyard Display
- Programs: 12 programs ; Manual, Rolling Hills, Peak, Plateau, Mountain Climb, Hill Interval, Strength Interval, Fat Burn HRC, Cardio HRC, Custom 1 & Custom 2
- Feedback: Speed, Time, Distance, Pulse, RPM, Watts, Calories, Workout Levels *16"
- Heart Rate: Built in receiver compatible with Polar and other manufacturers. *chest belt not included

WARRANTY

- Frame: Lifetime
- Mechanical Parts: 3 Years
- Electronic Parts: 3 Years
- Labor: 1 Year

